

# Have a Question?

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The Miami Project is dedicated to finding more effective treatments and, ultimately, a cure for paralysis resulting from spinal cord injury.



www.NeurotechNetwork.org

Helping people regain life thru neurotechnology

Focusing on education of and advocacy to access neurotechnology devices, therapies and treatments for people living with impairments, their care-givers and medical professionals.

## Disclaimer page

The information presented in this session is not meant to replace the advice from a medical professional. You should consult a health care professional familiar with your specific case, concerns and condition.

In this presentation we will discuss experimental, investigational, non-FDA approved therapies or biologics

Neurotech Network and its representatives do not endorse, rate, sell, distribute, prescribe, administer or recommend any products, procedures or services. We highly suggest for you to take information to a trained medical professional familiar with your case to discuss options that are best for you.

### The Media

Tissue Engineering and Regenerative Medicine, Vol. 11, No. 1, pp 1-9 (2014) DOI 10.1007/s13770-013-1116-7

| Feature Article | ———

#### The Global Industry for Unproven Stem Cell Interventions and Stem Cell Tourism

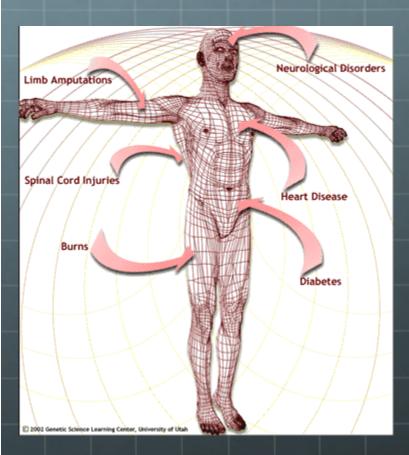
Dominique S. McMahon\*

Munk School of Global Affairs, University of Toronto, Canada

(Received: July 30th, 2013; Accepted: October 17th, 2013)



## Progress but still...



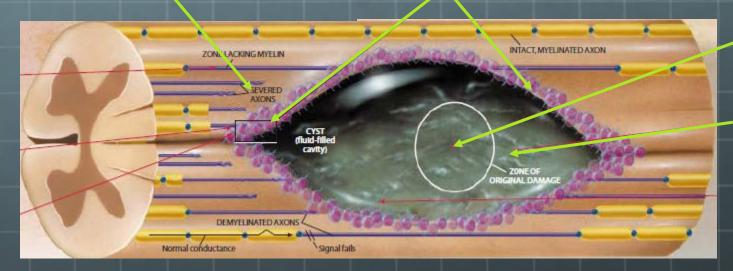
- Many unanswered ?s:
- What type of cells?
- Mow many cells?
- When to transplant after injury
- Where to transplant
- How to protect from cell rejection

Source: Steeves J, et al, Experimental treatments for spinal cord injury: What you should know (Version 2), 2012

# What happens inside the spinal cord?

Cut axons

Inhibitory scar



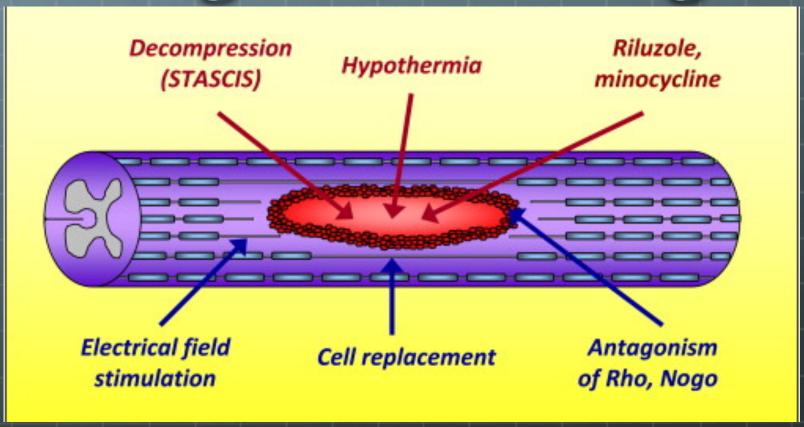
Primary damage

Secondary damage

Cell death

McDonald, 1999. Sci. Amer. 281:64-73

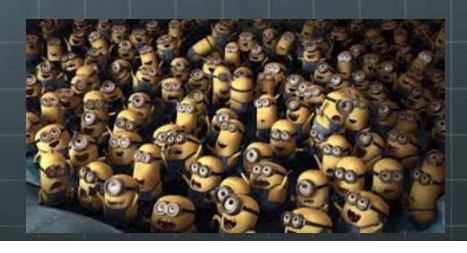
# What are some investigational strategies?



Hawryluk G, Fehings MG, The center of the spinal cord may be central to its repair, <a href="http://dx.doi.org/10.1016/j.stem.2008.08.009">http://dx.doi.org/10.1016/j.stem.2008.08.009</a>

#### TRUE VS PROGENITOR

TRUE - A stem cell is an unspecialized cell that can divide and self-renew indefinitely and that can give rise to more mature cells with specialized functions.

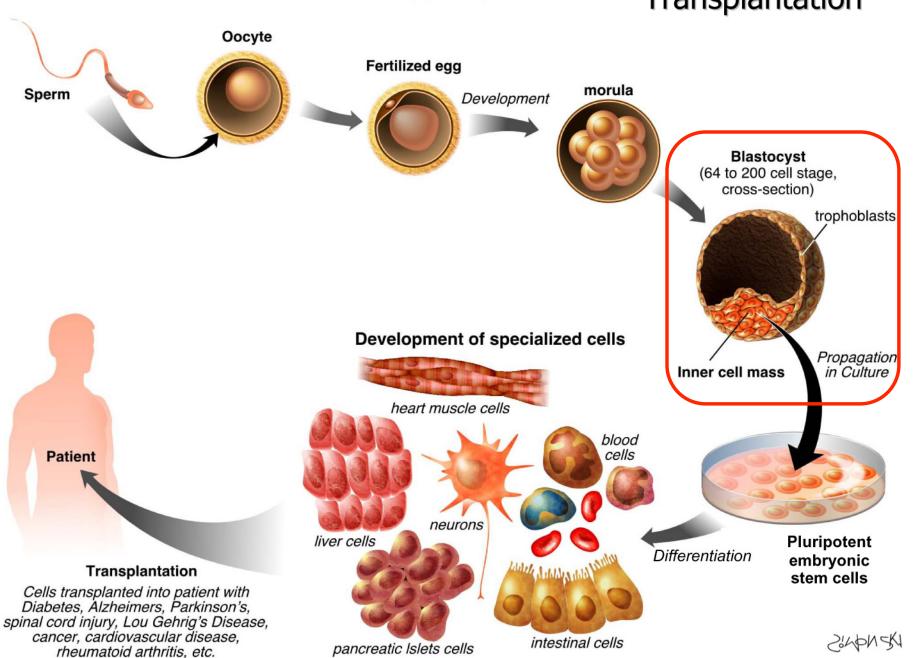


Progenitor – A progenitor cell is more specialized than a stem cell, it cannot divide indefinitely, and it gives rise to a specific type of cell. Ex.
Oligodendrocyte progenitor cell



Source: Steeves J, et al, Experimental treatments for spinal cord injury: What you should know (Version 2), 2012

#### Transplantation



### **Potential Benefit**

\*\*once refined & tested\*\*

- Replace lost cells due to injury or disease
- Provide a platform for axonal outgrowth to create neural connections between cells
- Limit damaging inflammation
- Promote blood vessel formation
- Release beneficial cytokines & growth factors

Source: Steeves J, et al, Experimental treatments for spinal cord injury: What you should know (Version 2), 2012

# The journey of testing comes with RISKS

- Incomplete understanding in laboratory/preclinical studies (animal results can still leave unanswered questions in humans)
- Poorly defined cell transplantations (no protocols or standards uncharted territory)
- Additional damage to the cord could occur; possible loss of existing function
- Possible stimulation of neuropathic pain or spasticity
- Possible formation of cancerous tumors

#### **Current Studies**

- Human Embryonic stem cells
  - Asterias Biotherapeutics (Geron); multi-center
  - Phase I safety study of GRNOPC1 (n=10)

Keirstead et al., 2005 J. Neurosci. 29(19):4694

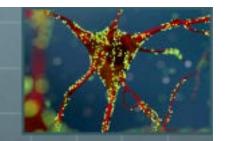
- Human embryonic stem cell line pre-differentiated into oligodendrocyte progenitor cells
- Targeting remyelination of demyelinated axons to restore conduction
- Complete thoracic SCI; within 14 days of injury
- Intraspinal injection; single dose
- Temporary immunosuppression
- Enrolled 5 of 10; halted for financial reasons
- Taken over by Asterius in 2013 beginning new trial in 2015 focusing on cervical injury

## Current Studies



- Human fetal CNS stem cells
  - StemCells, Inc.
  - Phase I/II safety & preliminary efficacy of HuCNS-SC (n=12); NCT01321333
    - Human neural stem cells derived from fetal brain tissue
    - Targeting remyelination and possibly neuronal cell replacement
  - Complete and incomplete thoracic SCI (3 cohorts; T2-11; AIS A, B, C); within 3 to 12 months of injury
  - Intraspinal injections
  - Temporary immunosuppression
  - Follow for 1 year intensely, then 4 years long-term
  - Enrolled all 12, some still in follow-up
  - Phase II efficacy trial in site start-up (n=42); NCT02163876
    - Multi-center, randomized, placebo-control, 3 cohorts
    - Cervical 5-7, AIS A 3-12 months of injury, AIS B,C 3-24 months of injury
    - Intraspinal injections, temporary immunosuppression
    - Follow for 1 year intensely

#### **Current Studies**



- Human spinal cord neural precursors
  - Neuralstem, Inc.; single-center; NCT01772810
  - Phase I safety of NSI-566 (n=8)
    - Human spinal cord neural precursor cells derived from 8 week fetus
    - Targeting growth factor replacement and possibly neuronal cell replacement
  - Complete thoracic SCI (2 dose cohorts; T2-12; AIS A, B, C)
  - Within 1 to 2 years post-injury
  - 6 intraspinal injections
  - Temporary immunosuppression
  - Follow for 1 year intensely, then 4 years long-term

#### What is a Clinical Trial?

#### Clinical Research

- Research with human subjects that is:
- (1) Patient-oriented research, which includes:
  - (a) mechanisms of human disease,
  - (b) therapeutic interventions,
  - (c) clinical trials, or
  - (d) development of new technologies.
- (2) Epidemiologic and behavioral studies.
- (3) Outcomes research and health services research.

#### **Clinical Trials**

- A prospective biomedical or behavioral research study of human subjects that is designed to answer specific questions about biomedical or behavioral interventions (drugs, treatments, devices, or new ways of using known drugs, treatments, or devices).
- Clinical trials are used to determine whether new biomedical or behavioral interventions are safe, efficacious, and effective.
- Long-term goal is to provide evidence leading to a scientific basis for consideration of a change in health policy or standard of care. The definition includes pharmacologic, non-pharmacologic, and behavioral interventions given for disease prevention, prophylaxis, diagnosis, or therapy.

## Risks of unapproved trials

- Increased and long-lasting pain and/or muscle spasticity
- ▶ Further loss of function
- Increased disability
- Medical complications or death
  - (FDA requires evidence that complications are minimal)
- Loss of health care coverage should complication occur after unapproved treatment
- Exclusion from future SCI clinical trial

### Caution - Stem cell tourism

- A form of medical travel to purchase unproven stem cellbased therapies. These unproven treatments hold significant risk for people.
- There is no evidence yet that stem cells have a reparative effect on chronically damaged spinal cord tissue.
- It is unethical to charge people money for unproven, risk-laden medical interventions.
- Be aware of selling Hope for Money
- No Oversight/Reporting

## Sample Questions to Ask

- Anyone interested in participating in a clinical study should know as much as possible about the study and feel comfortable asking the research team questions about the study, the related procedures, and any expenses.
- What is being studied?
- Why do researchers believe the intervention being tested is effective?
- How do the possible risks, side effects, and benefits of this trial compare with those of my current treatment?
- What are my out of pocket costs?
- How will it be determined which intervention is effective?

#### APPENDIX B: What to ask before taking part in a clinical trial or human study? (your participation checklist)

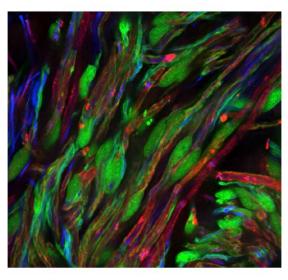
Note: most of these questions should be answered during the informed consent process

Question	YES	NO	Additional Information
1. Safety			
a. Are there safety risks associated with this			
experimental treatment?			
b. Could my condition or my health get worse			
after this experimental treatment?			
c. If so, can you describe the possible risks			
associated with this experimental treatment?			
2. Possible benefits			
a. Can you describe the possible specific			
benefits of this experimental treatment?			
b. Can you describe the maximum level of			
recovery I might see after this treatment?			
c. Can you describe how any potential benefit			
will be measured?			
3. Clinical trial protocol			
a. Is this study registered as a clinical trial with			
an appropriate qualified regulatory body?			
b. Can you describe what clinical trial phase			
this particular human study falls within (Phase			
1, 2, or 3) and what is the emphasis of study			
for this phase of the trial program?			
c. Is there a control group in this study?			
d. Could I be randomly assigned to the control			
group?			
e. Can you tell me how long I will be assessed			
for any change in outcome?			
f. Will I be blinded to whether I have received			
the experimental or control treatment?			
g. Will the investigators and examiners be			
blind to what treatment I have received?			

Question	YES	NO	Additional Information
4. Payments and costs			
a. Do I have to pay for this treatment?			
b. As a possible participant, are there other			
costs I have to pay to be involved in this study?			
c. Will my expenses associated with			
participating in this study be paid (e.g. travel			
to center for follow-up assessment)?			
5. Participation in Other Trials			
a. Will my participation in this clinical trial limit			
my participation in other SCI clinical trials?			
b. If I am assigned to the control group and the			
experimental treatment is subsequently			
shown to be an effective therapy for my type			
of SCI by this clinical trial program, will I be			
eligible to receive this treatment later?			
6. Preclinical or prior clinical evidence			
a. Can you describe the preclinical or prior			
clinical evidence that indicates this			
experimental treatment might be beneficial?			
<ul> <li>b. Have these findings been independently</li> </ul>			
confirmed by other researchers?			
c. Are there any dissenting opinions and do			
these arguments have some validity for not			
going forward with this treatment?			
7 Indonesia non comment of the			
7. Independent assessment of the			
treatment and investigator			
a. Can you provide me several names of			
scientists and clinicians (not involved with this			
study) who can provide me independent advice about this treatment and your			
reputation?			
reputation:			

#### Resources

Experimental treatments for spinal cord injury: What you should know (Version 2)



A guide for people living with spinal cord injury, their family, friends and health care professionals

Free download of this booklet:

http://www.miamiproject.miami.edu/page.aspx?pid=428

Follow: Paralysis Support/Research Participation/Experimental Treatments

#### ClinicalTrials.gov

www.ClinicalTrials.gov
National Library of Medicine &
National Institutes of Health



International Spinal Cord Society (ISCoS), <a href="https://www.iscos.org.uk">www.iscos.org.uk</a>

## Questions



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