Webinar title: Helping People with Disabilities Get the Healthcare Coverage They Need

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January 21, 2016
American Association on Health and Disability (AAHD)

The mission of AAHD is to advance health promotion and wellness initiatives for children and adults with disabilities.
What is the NDNRC?

The National Disability Navigator Resource Collaborative (NDNRC) is an initiative of national cross-disability organizations in order to provide disability information and support to navigators and other enrollment specialists as they assist consumers with enrollment through the Affordable Care Act insurance marketplaces.

Who is the NDNRC?
Mission Statement

The mission of the National Disability Navigator Resource Collaborative (NDNRC) is to provide cross-disability information and support to Navigators and other enrollment specialists thereby ensuring people with disabilities receive accurate information when selecting and enrolling in insurance through the Affordable Care Act Marketplaces.
STATE RESOURCE GUIDE

Click on a state to view resource information.

[Map of the United States with state resources]

Enrollment: Disability Specific
Enrollment: Mental & Behavioral Health
Enrollment: Populations with Special Health Care Needs
Enrollment: ACA Marketplace and Medicare
Enrollment: ACA Marketplace and Medicaid
Enrollment: Overview

Select State or Territory
GO
Disability Guide
Fact Sheets

NDNRC Home Page

National Disability Navigator Resource Collaborative
A project of the American Association on Health and Disability
Colorado

Marketplace Type: State  
Medicaid Expansion: Yes

State Specific Fact Sheets
None available at this time

State Enrollment Specialists
- Navigators
- Federally Qualified Health Centers
- In-Person Assisters
- Connectors (AR, HI, MA and MD only)

Colorado State Exchange
Connect for Health Colorado  
Phone (855) 752-6749
Website connectforhealthco.com

Community Outreach Collaborative
Family Voices Colorado  
7323 S. Alton Way, Unit A  
Centennial, CO 80122  
Phone (303) 733-3900
Website www.familyvoicesco.org

NDNRC Partner Organization State Affiliates
State and Local Affiliates for NAMI (National Alliance on Mental Illness)  
Local Chapters for the National Multiple Sclerosis Society  
Local Chapters for The Arc  

NEWS
NDNRC Hosting Webinar with White House Representative  
Webinar: Helping People with Disabilities Get the Healthcare Coverage They Need Date & Time ... Read More

NDNRC Releases New Fact Sheet on Multiple Sclerosis  
NDNRC Releases New Fact Sheet on Intellectual Disability

BLOG
State Medicaid Expansion Update  
NDNRC Releases New Fact Sheet & Announces Upcoming Fact
Resources & Links

CATEGORIES

• Enrollment Resources – Disability Specific
• Enrollment Resources – Mental Health and Behavioral Health
• Enrollment Resources – Populations with Special Health Care Needs
• Enrollment Resources – ACA Marketplace and Medicare
• Enrollment Resources – ACA Marketplace and Medicaid
• Enrollment Resources – Overview
• Enrollment Statistics
• Affordable Care Act (ACA) Resources – Government
• Affordable Care Act (ACA) Enrollment Resources
Disability Guide

GUIDE TO DISABILITY
for Healthcare Insurance Marketplace Navigators

Presented by:
The American Association on Health and Disability

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4. Rehabilitation and Habilitation Services and Devices
5. Prescription Medication Benefits
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POPULATION SPECIFIC

What to Know When Assisting a Consumer with:

• Autism Spectrum Disorder
• Blood Disorders *
• Child with Special Health Care Needs
• Intellectual Disability
• Mental Illness
• Multiple Sclerosis
• Traumatic Brain Injury *
• Information for Veterans Regarding Department of Veterans Affairs Healthcare

Coming Soon:

• Cerebral Palsy *
• Spina Bifida *

* - new for OE3
Community Outreach Collaboratives

National Disability Navigator Resource Collaborative
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Year 2 COCs

1. Rhode Island Parent Information Network, Cranston, RI
2. Center for Independence of the Disabled, NY, New York, NY
3. NAMI Southwest Pennsylvania, Pittsburgh, PA
4. Lakeshore Foundation, Birmingham, AL
5. Family Voices Indiana, Indianapolis, IN
6. Wayne State University, Detroit, MI
7. University of New Mexico Center for Development and Disability, Albuquerque, NM
8. NAMI Kansas, Topeka, KS
9. Family Voices Colorado, Centennial, CO
10. North Dakota Center for Persons with Disabilities at Minot State University in partnership with Family Voices of North Dakota, Minot, ND
11. PAVE Family to Family Health Information Center, Tacoma, WA
Year 3 COCs

13. Bayou Land Families Helping Families, Thibodaux, LA
14. NAMI Texas, Austin, TX
15. Texas Parent to Parent, Austin, TX
16. The University of Montana Rural Institute, Missoula, MT
17. Raising Special Kids, Phoenix, AZ
18. Family TIES of Nevada, Reno, NV

http://www.nationaldisabilitynavigator.org/about/community-outreach-collaboratives/
Health Insurance Jeopardy!

*It’s not about the answer.*

*It’s about asking the right question!*
Autism Spectrum Disorder (ASD), Cerebral Palsy (CP), Attention Deficit Hyperactivity Disorder (ADHD), Seizures, and Mental Illness

Question: What are some common co-occurring conditions for people with intellectual disabilities?
Depression, anxiety, obesity and diabetes

Question: What are some common secondary conditions people with intellectual disabilities encounter?
More than 80% of U.S. medical school students report receiving no clinical training regarding people with ID

Question: Who are the physicians they see and are they in the network of providers?
Physical, occupational, behavioral, and speech

Question: What are common therapies used by people with intellectual disabilities?
Therapies that help with basic social skills; fine motor skills to help dress themselves; how to administer his/her own medication safely; and how to use a phone

Question: What are examples of habilitation therapies for people with intellectual disabilities?
Question: Who are the type of providers that individuals with mental illness see?

Psychiatrist; Psychologist; Psychiatric or Mental Health Nurse Practitioner; Mental Health Nurse; Social Worker; Licensed Professional Counselor; Peer Specialist
Anti-depressants; Anti-anxiety medications; Mood stabilizers; Anti-psychotic medications; and Stimulant medications

Question: What are common drugs prescribed for people with mental illness?
Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Cognitive Enhancement Therapy (CET), Psychodynamic Therapy, individual psychotherapy, group therapy and family therapy

Question: What are some common therapies utilized by people with mental illness?
Substance Use Disorders, Heart Disease, Hypertension and Diabetes

Question: What are common co-occurring conditions for people with mental illness?
Lack of network adequacy/limited provider networks; lack of parity in coverage; high out-of-pocket costs; wait times to see a provider

Question: What are common issues with mental health treatment in qualified health plans?
This is the type of specialist/doctor that diagnoses & treats MS

Question: What is a Neurologist?
These are the tests used to help diagnose MS and are an important component of monitoring disease progression.

Question: What are periodic Magnetic Resonance Imaging (MRIs)?
Currently, this is the number of drugs approved by the U.S. Food and Drug Administration (FDA) which are available to reduce disease activity and disease progression for many people with relapsing forms of MS.

Question: What is 13?
Of those 13 drugs, this is the number of MS disease modifying therapies which are considered ‘specialty pharmaceuticals’

Question: What is all of them?
Bladder problems, infections, bowel dysfunction, depression, dizziness and vertigo, emotional changes, fatigue, itching, pain, sexual dysfunction, spasticity, tremors and walking difficulties.

Question: What are common symptoms that patients with MS seek treatment for?
Stroke, multiple sclerosis, spinal chord injury, traumatic brain injury, cerebral palsy and spina bifida

Question: What are some common causes of paralysis?
This is the type of doctor who specializes in physical medicine and rehabilitation

Question: What is a Physiatrist?
This is the difference in therapies between someone born with paralysis v. someone who is paralyzed later in life.

Question: What is habilitation v. rehabilitation?
In addition to rehab/hab therapies, these are other critical healthcare services a person with paralysis needs to have access to.

Question: What are durable medical equipment & disposable medical supplies?
Infections, bladder & bowel management, chronic pain, respiratory health and depression

Question: What are some common secondary conditions for people with paralysis?
These are the veterans whose healthcare meets the minimum essential coverage requirements under the ACA

Question: What is any veteran enrolled in the VA’s healthcare system?
This is the minimum active duty requirements for veterans who enlisted after September 7, 1980

Question: What is 24 continuous months or the full period for which a veteran was called to active duty?
This is the number of priority groups used to determine who gets access to VA healthcare services

Question: What is 8?
This is the rating for service-connected disabilities where the veteran pays no copays for any care regardless of whether related to a service-connected disability or not.

Question: What is a veteran who is rated by the VA at 50 percent or greater for their service-connected disabilities?
These are the family members of a veteran who are eligible for VA healthcare

Question: Who are dependents of a veteran who has been rated permanently & totally disabled for a service-connected disability by VA?
This is one thing you need to think about when assisting a consumer with paralysis.

Question: What is building accessibility?
This is one thing you need to think about when assisting a consumer with multiple sclerosis who has low vision.

Question: What is having materials available in alternative formats (i.e. large print)?
This is one thing you need to think about when assisting a consumer with intellectual disabilities.

Question: What is asking questions that verify the person understands the information?
This is one thing you need to think about when assisting a consumer with mental illness.

Question: What is educating yourself about mental health conditions?
This is one thing you need to think about when assisting a consumer who is deaf or hard of hearing.

Question: What is that individual’s preferred method of communication?
This is the one word that sums up the best quality you can have when dealing with anyone with a disability.

Question: What is RESPECT?
Health Insurance Jeopardy Round 1 is on YouTube!!!
Ongoing Challenges

1. Limited provider networks
2. Limited formularies
3. Discriminatory pharmacy design
4. Plan transparency
5. High out-of-pocket costs
6. Confusion on the definition of “rehabilitation” and “habilitation” services and supports
7. Confusion on the coverage of prosthetic devices and durable medical equipment
8. Confusion about coordinating exchange coverage with Medicare and Medicaid
9. Delays in getting plan information once they are enrolled
10. Communication Issues for deaf and hard of hearing
How to stay involved

• Sign up to receive NDNRC updates: http://www.nationaldisabilitynavigator.org/

• NDNRC Archived Newsletters: http://www.nationaldisabilitynavigator.org/category/newsletter/

• Sign up for AAHD’s newsletter: http://www.aahd.us/contact/

• Check out AAHD’s Resource Center: http://www.aahd.us/resource-center/